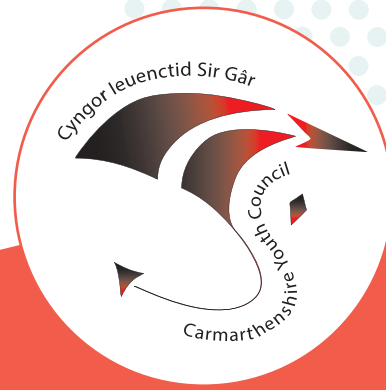


REAL LEARNING 4 REAL LIFE



The young people of Carmarthenshire believe that there is a need to provide them with the information, knowledge and skills to prepare them for their lives.

Here are the **TOP 10** areas of learning that have been identified as the most important following the Carmarthenshire Youth Conference 2018.

1

FIRST AID

The implementation of basic first aid and gradually leading on to CPR and defibrillator training.

2

MONEY

How to manage finances, mortgage advice, debt, budgeting, tax and pensions.

3

COMMUNICATION SKILLS

Problem solving, the law, human rights and communications skills that can lead to favorable decision making.

4

HEALTH & WELLBEING

The ability to cope with change, to build resilience and be prepared to deal with Mental and Sexual Health Issues. Respect for Self and others.

5

CAREER ADVICE

Employability Skills such as CV Writing and Interview Techniques.

6

DIVERSITY

Awareness of different cultures, languages and religion, also people's differences.

7

LIVING INDEPENDENTLY

Basic household skills such as cooking, laundry.

8

POLITICAL EDUCATION

Raise better awareness of children's rights, to be, informed citizens to participate in decisions about society. Understanding political and democratic systems, how to vote? And who represents me?

9

DIY & PRACTICAL SKILLS

Developing useful practical skills to gain hands on experience.

10

SELF-DEVELOPMENT

Setting goals to improve all aspects of life. To be more confident, develop talents and look at personal challenges.